

# ST GEORGE ANTIOCHIAN ORTHODOX CHRISTIAN CHURCH

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Antiochian Archdiocese of North America – Diocese of Los Angeles and the West  
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His Eminence, Metropolitan Joseph of New York and North America

Very Rev Fr Alban West, Pastor 503-313-3575 (voice/text) fr.alban.west@gmail.com

Rev Fr Edward Hillhouse, Assoc. Priest - Rev Fr Steven Bambakidis, Deacon - Rev Fr Dionysius Seib, Deacon

## Schedule of Services

Saturday Great Vespers at 5pm; Confession available after Vespers

Sunday Orthros at 8:30am and Divine Liturgy at 9:30am

Confession, Unction and other sacraments and services may be arranged by appointment

## A Warm Welcome to Our Guests!

We are very pleased to have you worshipping with us today. Please introduce yourself to the clergy and members of the community.

While we are more than happy to have you join your prayer with ours, please note that we understand the reception of Holy Communion to be the highest expression of our unity in the Orthodox faith. For this reason **Holy Communion in the Body and Blood of Christ is only for members of the Orthodox Church** who have prepared themselves by prayer, fasting, and periodic Confession. Everyone, however, is invited to partake of the blessed bread which will be offered at the end of the service and which may also be offered to you by one of your neighbors at Communion time as a sign of hospitality and blessing.

September 10, 2017

Sunday before the Elevation of the Holy Cross

After-feast of the Nativity of the Theotokos

Tone 5 Eothinon 3

Today we commemorate: Martyrs Menodora, Metrodora and Nymphodora of Bithynia; Empress Pulcheria; Peter, Bishop of Nicaea

Apolytikion of the Resurrection - Tone 5: Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for He took pleasure in ascending the cross in the flesh to suffer death, and to raise the dead by His glorious resurrection.

Apolytikion of the Nativity of the Theotokos - Tone 4: Thy Nativity, O Virgin, has proclaimed joy to the whole universe. The Son of Righteousness, Christ our God, has shone from thee, O Theotokos. By annulling the curse He bestowed a blessing; by destroying death He has granted us eternal life.

Apolytikion of St. George - Tone 4: Liberator of captives, defender of the poor, physician of the sick, and champion of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

Kontakion of the Nativity of the Theotokos - Tone 4: By thy holy nativity, O pure one, Joachim and Anna were delivered from the reproach of barrenness; and Adam and Eve were delivered from the corruption of death; thy people do celebrate it, having been saved from the stain of iniquity, crying unto thee: The barren doth give birth to the Theotokos, who nourisheth our life.

جسد ربنا يسوع المسيح يعطي للمسيحيين الاورثوذكسيين الذين هياوا انفسهم بالصوم والصلاة والاعتراف. الرجاء عندما تتقدموا الي مناولة جسد المسيح المقدس ان ترسموا اشارة الصليب قبل ان تقتربوا من الكأس لكي لا تضرب يدك الكأس ويسفك دم المسيح وجسدة علي الارض. بصوت واضح اذكر اسمك المعمداني وافتح فمك لوضع القربانه به. بإمكانك ان ترسم اشارة الصليب بعد المناولة بعد الإبتعاد عن الكأس.

## Fasting Guidelines

This week we fast with katalysis for wine and oil on Wednesday, Sep 13, and as usual on Friday, Sep 15. Thursday, Sep 14, is a strict fast day as we honor the Elevation of the Holy Cross of Christ.

## Church School

Church School classes begin today. Church school students should proceed to the parish hall immediately following Holy Communion. May God bless our students and dedicated teachers in this new school year!

## A Message from the Festival Chairman

Thank you to each and every person who helped make the 40<sup>th</sup> Annual Middle Eastern Festival a great success. We had very generous corporate, restaurant, family, and individual sponsors step up and donate their resources, talents and time to ensure the festival's success. A special thank you to all the church members who helped make the pastries, prepared food and all other parts of the festival to make it such a success. We will have a wrap-up meeting on Sunday, Sep 17, at 11:30am to discuss the results of the festival as well as things we can improve on for future festivals.

شكرا جزيلاً لكل شخص ساعد وشارك بنجاح مهرجان الشرق الأوسط السنوي الأربعيني. كان هناك شركات سخية جداً ومطاعم وعائلات وافراد تبرعوا بمواهبهم وخيراتهم ووقتهم لضمان نجاح المهرجان. شكراً خاص لجميع أعضاء الكنيسة الذين ساعدوا في صنع المعجنات، وإعداد الطعام وجميع الأجزاء الأخرى من المهرجان لنجاحه. سيكون هناك اجتماع ختامي في 17 سبتمبر / أيلول 2017 الساعة 11:30 بعد الكنيسة لمناقشة نتائج المهرجان ونقاش الأشياء التي يمكننا تحسينها للمهرجانات المستقبلية.

## UPCOMING EVENTS

ELEVATION OF THE HOLY CROSS – We celebrate the Great Feast of the Elevation of the Holy Cross this Wednesday, September 13, with a Vigil beginning at 5pm and the Divine Liturgy with the Elevation beginning at approximately 7pm.

ANTIOCHIAN WOMEN – The Ladies of St George will meet on Saturday, Sep 16, at 10:30am in the parish hall to share a potluck brunch, fellowship and a time of study. All women of the parish are invited to attend!

MONASTERY BENEFIT DINNER – Gerontissa Efpraxia and her Synodia cordially invite you to an evening of fine dining at the eleventh annual St. John the Forerunner Monastery Builders Benefit Dinner and Auction. Sunday, Oct 15, 2017, 5:30pm, Fort Dalles Readiness Center, 402 East Scenic Drive, The Dalles, Oregon. For reservations, please visit [www.stjohnmonastery.org](http://www.stjohnmonastery.org).

Coffee Hour Hosts: Today – West Family; Sep 17 – date available; Sep 24 – date available; Oct 1 – Nick & Dina Khoury (40-day memorial for Kh Mary Harb); Oct 8 – date available; Oct 15 – date available; Oct 22 – date available; Oct 29 – date available; Nov 5 – Linda Dibe

Holy Bread: Sep 17 – date available; Sep 24 – date available; Oct 1 – date available; Oct 8 – date available; Oct 15 – date available; Oct 22 – date available; Oct 29 – date available; Nov 5 – Linda Dibe

Ushers: Today – Team 2: Michel Teeny, David Morgan, Antoun Kehdi, Robert Keys; Sep 17 – Team 3: Larry Williams, Wadie Khouri, David Robertson, Nick Charles; Sep 24 – Team 4: Marwan Abukhader, Beshara Kehdi, Patrick Barnes, Kerry Rose; Oct 1 – Team 1: Patrick Stuart, Desale Araya, Doug Helling, Nabeel Hanna